

2011 NFHS Football Test – Part I

Question #1

B players may be anywhere on or behind their line of scrimmage.

Question #2

It is not necessary to be in a scrimmage kick formation to execute a legal scrimmage kick.

Question #3

A player loses possession by either a fumble or a muff.

Question #4

The enforcement spot for any foul by the defense is the goal line when the run ends in the end zone and would result in a safety.

Question #5

A ball without any stripes is legal for use if both coaches agree to use it.

Question #6

The field of play is the area within the boundary lines including the end zones.

Question #7

Beginning in 2012, gloves that may be anchored with athletic tape, and even though modified, must meet the NOCSAE test standard at the time of manufacture, unless made of an unaltered plain cloth.

Question #8

A passer is a player who throws a legal forward pass.

Question #9

A down begins when the ball is marked ready-for-play.

Question # 10

The game officials maintain administrative responsibilities for the contest through the completion of any required reports or correspondence in response to *any* action occurring while the officials have jurisdiction.

Question #11

The players on each side of and next to the snapper may lock legs with the snapper and may stand, crouch or kneel.

Question #12

Batting a scrimmage kick in or behind the neutral zone by R, in an effort to block the kick, is legal.

Question #13

An attempt by B to interfere with A's signals prior to the snap is a live-ball foul.

2011 NFS Football Questions

Question #14

The ball becomes dead and the down is ended when:

- a. A live ball goes out of bounds.
- b. A game official sounds his whistle inadvertently.
- c. The helmet comes completely off a player who is in possession of the ball.
- d. Any loose ball is simultaneously caught or recovered by opposing players.
- e. Any of the above.

Question #15

The initial direction determines whether a pass is forward or backward.

Question #16

The captain is the only player allowed to call a time-out.

Question #17

The uprights shall extend a maximum 10 feet above the crossbar.

Question #18

If there is a question regarding legality of a player's equipment, the referee makes the final decision.

Question #19

The blocker is allowed to lock his hands in certain situations.

Question #20

If a double foul occurs during a down, the number of the next down is not the same as that of the down in which the foul occurred.

Question #21

In a snap, the ball must immediately leave the hand(s) of the snapper and touch a backfield player or the ground before it touches a Team A lineman.

Question #22

A kick ends as soon as R1 touches the kick

Question #23

Thigh guards that are unaltered from the manufacturer's original design/production are not required equipment by rule

Question #24

After the ball becomes dead and it appears that the ball may have reached the line-to-gain, the covering official shall stop the clock.

Question #25

The ball becomes dead when any loose ball is simultaneously caught or recovered by opponents.

Question #26

When an airborne player makes a catch, forward progress is the furthest point of advancement after he possesses the ball if contacted by a defender.

2011 NFHS Football Test – Part I

Question #27

During a scrimmage down, a backward pass from in or behind the neutral zone by A is always part of the loose ball play.

Question #28

The runner may use his hands or arms to ward off or push an opponent.

Question #29

A 4-inch-wide broken restraining line shall be placed around the outside of the field, at least 2 yards from the sidelines and end lines, as an extension of the line limiting the team box area, except in stadiums where the total playing enclosure does not permit.

Question #30

The restriction on prohibiting blocking below the waist is in effect even though the opponent has both feet off the ground when contacted by the blocker.

Question #31

Following the ready-for-play and after touching the ball, the snapper shall not:

- a. Remove both hands from the ball.
- b. Make any movement that simulates a snap.
- c. Fail to clearly pause before the snap.
- d. Following adjustment, lift or move the ball other than in a legal snap.
- e. Any of the above.

Question #32

No player shall intentionally go out of bounds during a down and intentionally touch the ball.

Question #33

A forward pass has gone beyond the neutral zone, if at any time during the pass, some part of the ball is beyond the neutral zone.

Question #34

If a player refuses to comply with a game official's directive, the player will be disqualified.

Question #35

A mouth protector must be worn and must be completely white or clear.

Question #36

An authorized conference is permitted during the intermission between periods.

Question #37

It is illegal for a member of either team to use any other part of the body or equipment to initiate contact to the head.

Question #38

An official's time-out can be called for unusual heat or humidity situations

Question #39

The pants must cover the knee pads.

2011 NFS Football Questions

Question #40

Players of the same team shall not participate during the same down while wearing the same number.

Question #41

Any player who exhibits signs, symptoms or behaviors consistent with a concussion shall be immediately removed from the game and shall not return to play until cleared by an appropriate health-care professional.

Question #42

With second and 5 at B's 40-yard line, A1 advances to B's 30-yard line. Following the down, A2 illegally contacts B1. What is the ruling?

- The 5-yard penalty is enforced and then the chain is set. It will be first and 10 for A at B's 35-yard line.
- The 10-yard penalty is enforced and then the chain is set. It will be first and 10 for A at B's 40-yard line.
- The 15-yard penalty is enforced and then the chain is set. It will be first and 10 for A at B's 45-yard line.
- No foul on the play.
- None of the above.

Question #43

The goal-line pylons may be *any* color as long as they are the *same* color.

Question #44

The down is ended when the kickers catch or recover a free kick anywhere.

Question #45

A chop block is a legal block within the 6 by 8 yard free-blocking zone.

Question #46

If K1 holds R1 in K's end zone to prevent R1 from recovering a blocked punt, it will be a safety if R accepts the penalty.

Question #47

A multiple foul is one or more live-ball fouls by each team resulting in offsetting penalties.

Question #48

Illegal motion is a foul at the snap.

Question #49

Failure to properly wear required equipment during a down is a foul that carries a 5-yard penalty.

Question #50

If the ball is beyond the neutral zone when it leaves the passer's hand on a forward pass, it is an illegal forward pass.

2011 NFHS Football Test – Part I

Question #51

Hip pads, tailbone protector, knee pads and thigh guards may not be altered from the manufacturer's original design/production.

Question #52

With first and 10 from A's 5-yard line, A1 drops back into his end zone, where he is tackled by the face mask helmet opening and fumbles. The ball rolls out of bounds at A's 3-yard line. What is the ruling?

- Following penalty administration, It will be A's ball, first and 10, at A's 8-yard line.
- Following penalty administration, it will be A's ball, first and 10, at A's 13-yard line.
- Following penalty administration, it will be A's ball, first and 10, at A's 18-yard line.
- Following penalty administration, it will be A's ball, first and 10, at A's 20-yard line.
- None of the above.

Question #53

A defensive player is considered to be on his scrimmage line when he is within 1 yard of his line of scrimmage at the snap.

Question #54

The neutral zone is established after the snapper has made final adjustment of the ball.

Question #55

It is legal for the snapper to adjust the ball so that the long axis is parallel to the scrimmage line.

Question #56

Free-kick lines are always 10 yards apart.

Question #57

Knee braces can be worn over *the* pants.

Question #58

A block in the back is defined as a block with contact inside the shoulders, below the helmet, and above the waist.

Question #59

After completing the catch, receiver A12's momentum carries him into B's team box, where nonplayer B44 pushes A12 into a bench. What is the ruling?

- Nonplayer B44 is disqualified and a 15-yard penalty is assessed from the succeeding spot.
- Nonplayer B44 is not disqualified and a 15-yard penalty is assessed from the succeeding spot.
- Nonplayer B44 is disqualified and a 10-yard penalty is assessed from the succeeding spot.
- Nonplayer B44 is not disqualified and a 10-yard penalty is assessed from the succeeding spot.
- None of the above.

Question #60

It is legal to grasp the opponent's chin strap.

2011 NFS Football Questions

Question #61

A *foul* is a rule infraction for which a penalty is prescribed.

Question #62

It is a safety if A1's fumble on his 5-yard line is recovered by B1 in As end zone.

Question #63

No foul causes loss of the ball.

Question #64

The game officials are responsible for ensuring that there is a ___ minute warm-up period posted on the clock and that the clock is immediately started for use by the coaches immediately after the halftime intermission expires.

- a. One
- b. Two
- c. Three
- d. Four
- e. Five

Question #67

An act by a defensive player who initiates contact with a runner with the front of his helmet is:

- a. Bolt Blocking.
- b. Face Tackling.
- c. Spearing.
- d. Any of the above.
- e. None of the above.

Question #66

For any scrimmage kick, K may choose to punt, drop kick or place-kick from in or behind the neutral zone before team possession has changed.

Question #67

If a player is blocked out of bounds by an opponent and returns inbounds, at the first opportunity he may legally participate.

Question #68

The referee shall grant a captain's request for time-out prior to accepting or declining a penalty that involves an automatic first down.

Question #69

For a kickoff, the ball may be held in position on a kicking tee by a place-kick holder.

Question #70

If a game official calls a time-out because A1 appears injured, A1 must leave the game for at least one play.

Question #71

The horse-collar foul is enforced as a dead-ball foul.

2011 NFHS Football Test – Part I

Question #72

It is possible for a Team B player to clip.

Question #73

When the same team commits a live-ball foul followed by one or more dead-ball fouls, all fouls cannot be penalized.

Question #74

A backward pass out of bounds is an illegal pass.

Question #75

At the snap, at least eight A players shall be on their line of scrimmage.

Question #76

All dead-ball fouls are enforced separately and in the order in which they occurred.

Question #77

It is pass interference if ineligible A1 catches a forward pass in or behind the neutral zone.

Question #78

Eye shade (grease or no-glare strips or stickers) that is a solid stroke can have words, numbers, logos or other symbols within the eye shade.

Question #79

One of the requirements for being on the offensive line is that the lineman's head or foot must break an imaginary plane drawn parallel to the line of scrimmage through the waist of the snapper when the ball is snapped.

Question #80

The ball shall have the NFHS Authenticating Mark.

Question #81

All nonplayer fouls are enforced from the succeeding spot

Question #82

Prior to the start of the game, the head coach shall be responsible for verifying to the _____ that all of his players are legally equipped and in compliance with the NFHS football equipment rules.

- a. Referee and Linesman
- b. Referee and Umpire
- c. Referee and Back Judge
- d. Referee Only

Question #83

A backward pass in flight may be batted in any direction by the passing team.

2011 NFS Football Questions

Question #84

The team whose goal line is involved shall put the ball in play anywhere between the hash marks on it's _____ yard line by a snap after a touchback and by a free kick after a safety.

- a. 10
- b. 20
- c. 25
- d. 30
- e. 35

Question #85

It is legal for runner A1 to spear B1.

Question #86

If two teammates participate while wearing identical numbers, the foul occurs simultaneously with the snap.

Question #87

A disqualifying foul during the down causes the covering official to sound his whistle immediately.

Question #88

It is illegal for any player to accidentally slap a loose ball with the arm or hand.

Question #89

A simultaneous catch or recovery is a catch or recovery *in* which there is joint possession of a live ball by opposing players who are inbounds.

Question #90

It is illegal substitution to have 12 or more players participating at the snap or free kick.

Question #91

A free kick shall not be kicked out of bounds between the goal lines untouched inbounds by R. If it is, R has the following choices:

- a. Accept a 5-yard penalty from the previous spot and have K re-kick.
- b. Put the ball in play at the inbounds spot 25 yards beyond the previous spot.
- c. Decline the penalty and put the ball in play at the inbounds spot.
- d. Any of the above.
- e. None of the above.

Question #92

B1 may not legally bat a ball that is in possession of A1.

Question #93

If the field of play has a logo in the center or at any other part of the field of play, that logo should not obstruct from the visibility of the required marks every five yards.

Question #94

Holding an *unauthorized* conference is considered unsportsmanlike conduct and carries a 15-yard penalty.

2011 NFHS Football Test – Part I

Question #95

Prior to the game, the head coach shall be responsible for verifying to the referee only — that all of his team's players are equipped in compliance with the rules.

Question #96

It is legal for an opponent to throw himself against the back of the runner's legs.

Question #97

It is defensive holding, if B1 tackles A1, who is obviously not the runner.

Question #98

A loss of down is a part of some 15-yard penalties but not any 5-yard penalties.

Question #99

There is a two-minute intermission following a try, successful field goal or safety and prior to a free kick.

Question #100

When an illegal forward pass strikes the ground, the ball does not become dead.